

NOURISH YOUR HEART!

Join Celebrity Chefs Bryce Fluellen & Karolyn Plummer for healthy cooking demonstrations, Barre workout sessions, power walks, and more.

"CELEBRITY CHEF" HEALTHY COOKING DEMOS

POWER WALKS

"BARRE" WORKOUT SESSIONS

FREE THROW CONTESTS

KIDS ARTS & CRAFTS

HEALTHY SNACKS

FREE GIVEAWAYS DRAWING PRIZES

Hacienda Heights Community Center

1234 Valencia Avenue Hacienda Heights, CA 91745 4th Supervisorial District

Saturday, May 19, 20188:00 a.m. – Noon





RSVP to secure your giveaways at http://employee.hr.lacounty.gov/countywide-fitness-challenge-2/







