



**LISA M. GARRETT**  
DIRECTOR OF PERSONNEL

# COUNTY OF LOS ANGELES DEPARTMENT OF HUMAN RESOURCES

HEADQUARTERS  
579 KENNETH HAHN HALL OF ADMINISTRATION • LOS ANGELES, CALIFORNIA 90012  
(213) 974-2406 FAX (213) 621-0387

BRANCH OFFICE  
3333 WILSHIRE BOULEVARD • LOS ANGELES, CALIFORNIA 90010  
(213) 738-2211 FAX (213) 637-0820

March 21, 2018

To: All Department Heads

From: Lisa M. Garrett   
Director of Personnel

Subject: **WELLNESS FAIR – WEDNESDAY, APRIL 25, 2018**

A Wellness Fair hosted by the Department of Public Works will be held on Wednesday, April 25, 2018, between the hours of 9:00 a.m. and 2:00 p.m. at:

**Department of Public Works  
900 South Fremont Avenue – Employee Parking Lot  
Alhambra, CA 91803**

Wellness Fairs are sponsored by the Joint Labor-Management Advisory Committee on Productivity Enhancement and promote health awareness and well-being. A flyer announcing the event is attached.

Wellness Fairs provide free health screenings for diabetes, cholesterol, blood pressure, body composition, oral health, grip strength, and vision, as well as information on ergonomics in the workplace. Massage therapy will also be available. County-sponsored and County-approved medical and dental carriers, including Anthem Blue Cross, Blue Shield, Cigna, Kaiser Permanente, UnitedHealthcare, Delta Dental, and MetLife (SafeGuard), will participate, demonstrating their ongoing commitment to healthier lifestyles for County employees.

We encourage all departments with offices in the area to allow employees to attend during work hours. Wellness Fairs support the County Strategic Plan by creating a positive work environment and encouraging employee well-being.

Should you have any questions, please contact me at (213) 974-2406 or your staff may contact Mary Gilmore, Principal Analyst, at (213) 974-5101.

LMG:EP:MGM  
MEG:SO:mr

Attachment

c: Each Supervisor  
Chief Executive Officer  
Chief Deputies  
Administrative Deputies  
Departmental Human Resources Managers  
Wellness Managers  
SEIU Local 721  
Coalition of County Unions

WPD-Wellness\LMG to DHs Re: Wellness Fair at Public Works 4-25-18.docx

# Wellness Fair

**Wednesday, April 25, 2018  
9:00 a.m. to 2:00 p.m.**

**KNOW YOUR NUMBERS!**

**FREE screenings for:**

**Glucose, Blood Pressure, Cholesterol, Body Mass Index  
Check Your Vision, Ergonomics, Grip Testing, Massage Therapy,  
Flu Vaccinations And MUCH MORE!**

**Department of Public Works  
900 South Fremont Avenue  
Employee Parking Lot  
Alhambra, CA 91803**

*Open to all County of Los Angeles Employees!*

**For more information contact your Departmental Wellness Manager**



Sponsored by:

The Joint Labor-Management Advisory Committee on Productivity Enhancement