LAUNCHING APRIL 20TH

LA COUNTY EMPLOYEE WELLBEING LINE

A Resource for LA County First Responders and Healthcare Workers

7 days a week 10am-6pm

1-800-854-7771

Support Provided:

- Emotional First Aid Related to COVID-19 Stressors
- Navigating Requests For Mental Health Services
- Referrals to Grief and Bereavement Resources

LA County's healthcare workers, first responders, and support staff are experiencing unprecedented moral distress due to COVID-19. Moral distress may occur when one's professional role involves responsibilities or actions that violate one's own core moral beliefs and values—these may occur as a direct result of the stress of professional roles that require caring for suffering and dying human beings in overburdened systems of care. The Wellbeing Line will provide support for the unique challenges front line staff and first responders are experiencing as they selflessly continue to serve LA County's most vulnerable residents.

LOS ANGELES COUNTY
DEPARTMENT OF MENTAL HEALTH
hope. recovery. wellbeing.

DMH-UCLA
PREVENTION CENTER OF EXCELLENCE

For regular updates on COVID-19 Mental Health Resources Visit:
https://dmh.lacounty.gov/covid-19-information/